

Nutritional Information for DOUGH CKY CHOC CHIP WGRAIN 384-1Z

Product Number:	243371
Description:	AP Dough, Cky, Choc Chip, WGrain, 1oz-Ot

Nutritional Information			
Serving Size 1 each (27 g)			
Amount Per Serving			
Calories 100		Calories from Fat 32	
% Daily Value			
Total Fat	4 g		5%
Saturated Fat	1 g		5%
Trans Fat	0 g		
PolyUnSat	1 g		n/a
MonoUnSat	2 g		n/a
Cholesterol	5 mg		2%
Sodium	80 mg		3%
Potassium	n/a		n/a
Total Carbs	17 g		6%
Dietary Fiber	1 g		4%
Sugars	8 g		n/a
Protein	1 g		2%
Vitamin A -	10%	Vitamin C -	0%
Calcium -	0%	Iron -	15%
Percent Daily Values are based on a 2,000 calorie diet			
Calories Per Gram:			
	Fat 9	Carbohydrates 4	Protein 4

Water Soluble Vitamins		Minerals	
Thiamin B1	0 mg	Phosphorus	60 mg
Riboflavin B2	0 mg	Zinc	2 mg
Niacin B3	1 mg	Magnesium	16 mg
Pyridoxine B6	0 mg	Copper	n/a
Cobalamin B12	4 mcg	Selenium	n/a
Pantothenic Acid	n/a	Calcium	0 mg
Vitamin C	0 mg	Iron	3 mg
Folic Acid	8 mcg	Manganese	n/a
		Iodine	n/a

Product Information for 243371 DOUGH CKY CHOC CHIP WGRAIN 384-1Z

Manufacturer: ARYZTA LLC (OTIS)			
Pack	384/CASE	Manufacturer #	55670
Portion Size	EA	Net Weight	24
Portion/Case	384	UPC Code 1	10013087556701
Price	53.50		

Quantity Invoiced Over Last 6 Weeks

7/6/2014	7/13/2014	7/20/2014	7/27/2014	8/3/2014	8/10/2014
0	0	0	0	0	0

Other Information

Other Information	
Item Yield	CASE= 384-1Z CHOCOLATE CHIP COOKIE DOUGH 51% WHOLE GRAIN; OTIS
Shelf Life	FROZEN= 365 DAYS
Thawing Instructions	PREPARE FROM FROZEN
Basic Preparation	BAKING TIMES: CONVECTION OVEN: PRE-SET FOR 15-17 MINUTES. CONVECTION OVEN: HEAT TO 300°F FOR 9-11 MINUTES. ACTUAL BAKING TIME WILL DEPEND ON THE DOUGH TEMPERATURE, AND NUMBER OF COOKIES BAKED. PROPERLY BAKED COOKIES SHOULD HAVE A GOLDEN BROWN COLOR, AND SHOULD BE FIRM ON THE OUTSIDE AND HAVE A SOFT, MOIST INTERIOR.
Merchandising Idea	MADE WITH 51% OF WHOLE GRAINS. FROZEN PRE-PORTIONED NUGGETS ARE READY TO BAKE AND SERVE. EXACT PIECE COUNT.

School Equivalents		Fat Soluble Vitamins	
1 Each (1oz)		Vitamin D	n/a
Child Nutrition Label	No	Vitamin D	16 IU
		Vitamin E	n/a
Meat/Meat Alternative	n/a	Vitamin K	n/a
Fruit/Vegetables	n/a	Vitamin A	500 IU
Grain/Bread	n/a	Vitamin A	n/a
Updated for New Final Rule			
Meat/Meat Alternate	0.00 oz		
Grain/Bread	0.25 oz eq		
Fruit	0.00 cup		
Vegetable:			
Red/Orange	0.00 cup		
Dark Green	0.00 cup		
Starchy	0.00 cup		
Beans/Peas	0.00 cup		
Other	0.00 cup		
Notes:			
n/a			

Ingredients:

For ingredient or allergen information, please contact: Otis Spunkmeyer, phone: 888-275-6847/web page: www.spunkmeyer.com. Please reference manufacturer number: 55670. Nutrition updated June 2014.

The nutrition information provided here reflects the current information provided to GFS by its suppliers. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product.